

OWINGS MILLS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						No Gi Jiu-Jitsu All Levels 10:00-11:00 am	CLOSED
11:00 AM						Muay Thai All Levels 11:00-12:00 pm	
5:00 PM	Tiny Ninjas Ages 3-5 5:00-5:30 pm	Tiny Ninjas Ages 3-5 5:00-5:30 pm	Tiny Ninjas Ages 3-5 5:00-5:30 pm	Tiny Ninjas Ages 3-5 5:00-5:30 pm			
6:00 PM	Little Ninjas & Juniors Ages 6-12 5:30-6:15 pm	Little Ninjas & Juniors Ages 6-12 5:30-6:15 pm	Little Ninjas & Juniors Ages 6-12 5:30-6:15 pm	Little Ninjas & Juniors Ages 6-12 5:30-6:15 pm			
6:00 PM	Gi Jiu-Jitsu Kids Mastery Ages 6-12 6:15-7:00 pm	Muay Thai Kids Mastery Ages 6-12 6:15-7:00 pm	Gi Jiu-Jitsu Kids Mastery Ages 6-12 6:15-7:00 pm	Muay Thai Kids Mastery Ages 6-12 6:15-7:00 pm			
7:00 PM	No-Gi Jiu-Jitsu Intro 7:00-8:00 pm	Muay Thai Intro 7:00-8:00 pm	Gi Jiu-Jitsu Intro 7:00-8:00 pm	Muay Thai Intro 7:00-8:00 pm	Gi Jiu-Jitsu All Levels 6:30-8:00 pm		
8:00 PM	Gi Jiu-Jitsu Mastery Phase Belt + 8:00-9:30 pm	Muay Thai Mastery Yellow Shirt + 8:00-9:00 pm	Gi Jiu-Jitsu Mastery Phase Belt + 8:00-9:30 pm	Muay Thai Mastery Yellow Shirt + 8:00-9:00 pm			
9:00 PM							