# **Grazy 88 MMA Summer Camp Information**Monday, June 20th to Friday, August 26th

DO NO

NJAS ONL

SE USE ENTRANCE AT SUITE N

## Letter to the Parents

#### I'm very excited you will be joining us for summer camp this year!

My name is Vannesa Griffin and I am the summer camp director here at Crazy 88. I have been coaching kids Brazilian Jiu Jitsu since September of 2013. I have been running the kids program here at Crazy 88 Mixed Martial Arts since July 2016. I have had the privilege to coach kids from day 1 and make them into international champions. I myself am an international competitor and have won three world titles at various belts and styles. I received my black belt in June of 2020.

I have designed and run five successful summer camps that kids of all ages have enjoyed, a few of which have said it was the best summer camp they have ever attended. When working with other camps in the past I noticed there was a lot of "free time" which lead to choas and boredom. I vowed to run a summer camp that was the complete opposite. Our summer camp kids are well behaved because we are constantly providing them with activitites.

I prioritize fun in a safe, engaging environment and ensure that the kids leave the camp happier than when they came in. If you are looking for a fun, productive camp for your child to join, *you've come to the right place!* 

#### **Full Activities List**

**Mat Games** | Sprout Tag, Sharks and Minnows, Dodgeball, Capture the Flag, Laser Tag + Inflatables, and Four Square.

**Card Games** | Exploding Kittens, Uno, Speed, Spoons, Throw Throw Burrito, and Fluxx (Multiple Versions).

**Board Games** | Chess, Checkers, Sorry, Monopoly, Connect 4, Battleship, Operation, Clue, Jenga, Dino Battle, Don't Break the Ice, Mouse Trap, Snap Curcuits, and Galactiquest.

Building | Legos, Magentic Tiles, and Fort Building Kits.

Arts & Crafts | Slime, Origami, Lava Lamps, Marshmallow Shooters, Spaghetti Towers, Sand Art, Nunchucks, Crayons and Colored Pencils.

Academics | Scavenger Hunts (Puzzle Clues), Jeopardy, Brain Games, Summer Workbooks, Reading Books, Kahoot, Blooket, and Jigsaw Puzzles.



## **Daily Backpack Checklist**

- Gi and Belt
- Morning and Afternoon Snack
- Brown Bag Lunch
- Change of Clothes
- Bathing Suit
- Towel
- Flip Flops/Crocs
- Sneakers and Socks
- Sunscreen
- Water Bottle



# **Daily Sample Schedule**

8am to 9am	Drop Off   Kids can come eat breakfast, play on electronics, and use any of the camp games and toys in the storage room.
9am to 10:30am	Martial Arts Class
10:30am to 11am	Morning Snack Time
11am to 1pm	Visit to Troy Park   Field Trip to SkyZone   Pool Time
1pm to 2pm	Lunch Time and Kahoot/Blooket
2pm to 3pm	Quiet Time   Reading, Naps, Puzzles, Coloring, or Drawing
3pm to 4pm	Afternoon Snack and Board Games or Building Blocks
4pm to 5pm	Pick Up   Kids get things ready to go home or go to class; electronics are allowed at this time







## **Contact Us**

Crazy 88 Mixed Martial Arts 7024 Troy Hill Drive Elkridge, Maryland 443-283-1450

vannessa@crazy88mma.com

